



**Where: Colonie Central High School**

**When: September 16th, 11am-4pm**

**Who: First Responders, Teachers,  
EMT's, Policemen, Firefighters**

**Teams of 5-7 can sign up at**

**<https://hometownheros.typeform.com/to/pgkt8Q>**

**All proceeds benefit the Regional Food Bank  
of Northeastern New York**