

HIGH SCHOOL		JANUARY 2018		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Make Online Payments and View Menus at: www.southcolonieschools.org	2 Fresh Pizza w/ Assorted Toppings Green Beans Carrot Coins Variety of Fruit	3 Turkey Club Wrap w/ Lettuce and Tomato Pasta Salad Oven Baked Sweet Potato Fries Variety of Fruit	4 Chicken Sticks Mashed Potatoes w/ Gravy Golden Corn Niblets Variety of Fruit	5 Pizza Crunchers w/ Tomato Sauce Green Beans Steamed Broccoli Variety of Fruit
8 Cheeseburger on a WW Bun Oven Baked Fries Baked Beans Variety of Fruit	9 Fresh Pizza w/ Assorted Toppings Garden Romaine Salad Cucumber Salad Variety of Fruit	10 Chicken Fajitas w/ Peppers and Onions Rice Corn Variety of Fruit	11 Brunch for Lunch French Toast w/ Syrup Sausage Hashbrown Variety of Fruit	12 Quesadillas w/ Assorted Toppings Black Bean & Corn Salsa Sliced Carrots Variety of Fruit
15 Dr. Martin Luther King Jr. Day NO SCHOOL	16 Fresh Pizza w/ Assorted Toppings Fresh Vegetables w/ Dip Caesar Salad w/ Dressing Variety of Fruit	17 Taco Salad w/ Assorted Toppings Fluffy Rice, Corn Niblets Salsa, Sour Cream Variety of Fruit	18 Chicken Tenders Oven Baked Fries Green Beans Mixed Vegetables Variety of Fruit	19 Macaroni and Cheese Steamed Broccoli WW Dinner Roll Carrot Coins Variety of Fruit
22 REGENTS WEEK NO SCHOOL	23 REGENTS WEEK NO SCHOOL	24 REGENTS WEEK NO SCHOOL	25 REGENTS WEEK NO SCHOOL	26 REGENTS WEEK NO SCHOOL
29 Hot Meatball Sub on a WG Roll Steamed Broccoli Oven Baked Fries Variety of Fruit	30 Fresh Pizza w/ Assorted Toppings Spinach Salad Fresh Carrots w/ Dip Variety of Fruit	31 Pasta Bar Alfredo OR Marinara Sauce Chicken OR Meatballs Breadstick, Green Beans Variety of Fruit	Available Daily: Assorted Wraps, Sandwiches and Salads	Full Breakfast \$1.75 Full Lunch \$2.90 1% white, FF Chocolate FF Strawberry, Skim

This Institution is an equal opportunity provider and employer.

*Menu subject to change without notice