




| HIGH SCHOOL | | SEPTEMBER 2017 | | |
|---|---|---|--|--|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Full Breakfast \$1.75 Full Lunch: \$2.90 1% White, FF Chocolate, FF Strawberry, Skim | MAKE ONLINE PAYMENTS AND VIEW MENUS AT www.southcolonieschools.org | <u>Available Daily:</u> Assorted Wraps, Salads and Sanwiches WW - Fruit and Veggie Bar | | 1 |
| 4 | 5 | 6 | 7 | 8 |
| | | Cheese Filled Breadstick w/ Tomato Dipping Sauce Garden Romaine Salad Green Beans Assorted Fruit | General Tso's Chicken Fluffy Rice Broccoli Florets Fortune Cookie Assorted Fruit | French Toast w/ Syrup Or Cheese Omelet Sausage Oven Baked Hash Browns Juice OR assorted Fruit |
| 11 | 12 | 13 | 14 | 15 |
| Make Your Own Burger Cheese, Lettuce, Tomato, Onion and Pickles BBQ Baked Beans Baked Curly Fries Assorted Fruit |  Fresh Pizza w/ Assorted Toppings Garden Romaine Salad Sweet Peas Assorted Fruit | Turkey Bacon Ranch Wrap w/ Lettuce and Tomato Vegetable Pasta Salad Fresh Veggies w/ Dip Assorted Fruit | Chicken Sticks Mashed Potatoes, Gravy, Corn WW Dinner Roll Assorted Fruit | Lasagna Garden Romaine Salad Mixed Vegetables Garlic Breadstick Assorted Fruit |
| 18 | 19 | 20 | 21 | 22 |
| Philly Cheesesteak Sandwich w/ Onions and peppers Baked Tater Tots Golden Corn Niblets Assorted Fruit |  Fresh Pizza w/ Assorted Toppings Caesar Salad Assorted Fruit | Taco Salad w/ Meat, Cheese, Salsa Sour Cream Golden Corn, Black Beans Assorted Fruit | Chicken Caesar Wrap Waffle Fries Fresh Veggies & Dip Assorted Fruit | Toasted Turkey and Swiss on Rye Oven Baked Sweet Potato Fries Green Beans / Dinner Roll Assorted Fruit |
| 25 | 26 | 27 | 28 | 29 |
| Mozzarella Sticks w/ Tomato Dipping sauce Garlic Breadstick Garden Romaine Salad Broccoli Florets Assorted Fruit |  Fresh Pizza w/ Assorted Toppings Spinach Salad Sliced Carrots Assorted Fruit | Hot Dog on a Bun Baked fries BBQ Baked Beans Sauerkraut Assorted Fruit | Macaroni and Cheese Green Beans Dinner Roll Assorted Fruit | NO SCHOOL YOM KIPPUR OBSERVED. |

This Institution is an equal opportunity provider and employer.

*Menu subject to change without notice