




Middle School Menu		SEPTEMBER 2017		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full Breakfast \$1.70 Full Lunch: \$2.90 1% White, FF Chocolate, FF Strawberry, Skim	MAKE ONLINE PAYMENTS AND VIEW MENUS AT www.southcolonieschools.org	<u>Available Daily:</u> Yogurt Chef Salad w/ Dinner Roll Assorted Wraps and Sandwiches		1
4	5	6	7	8
		Chicken Patty on a Bun w / Lettuce and Tomato Sweet Potato Fries Green Beans Applesauce OR Peaches	Hot Dog on a Bun Mashed Potato Smiles Golden Corn Niblets Pears OR Fruit Cocktail	Mozzarella Sticks w/ Tomato Dipping Sauce Garlic Pasta, Garden Salad Steamed Spinach Assorted Fruit
11	12	13	14	15
"Brunch for Lunch" French Toast w/ Syrup Turkey Sausage Patty Potato Puffs Applesauce / Fruit Cocktail	 Fresh Pizza Cheese OR Pepperoni Garden Salad Carrot Coins NYS Apple OR Peaches	Popcorn Chicken Bowl w/ Mashed Potatoes, Gravy and Corn Dinner Roll Orange Wedges Pears	Cheeseburger OR Hamburger on a Bun BBQ Baked Beans Sweet Potato Fries Cookie	Tomato Soup Grilled Cheese Sandwich Fresh Carrots w/ Dip Choice of Fruit
18	19	20	21	22
Chicken Nuggets Oven Baked Fries Steamed Broccoli Peaches / Mandarin Oranges	 Fresh Pizza Cheese OR Buffalo Chicken Spinach Salad Green Beans Pears OR Fruit Cocktail	Chicken Tenders w/ Dipping Sauce Baked Curly Fries Steamed Carrots NYS Apple OR Pears	Soft Tacos w/ Meat Cheese, Lettuce, Tomato Salsa. Sour Cream, Corn Steamed Rice, Black Beans Pineapple Tidbits / Pears	Baked Lasagna w/ Marinara Sauce Garden Salad Steamed Spinach/Garlic Breadstick Choice of Fruit
25	26	27	28	29
Assorted Fruit Juice Chicken Tenders & Fries OR Fish Filet & Fries Steamed Broccoli Peaches OR Fruit Cocktail	 Fresh Pizza Cheese OR Pepperoni Garden Salad Peas Mandarin Oranges OR Applesauce	Nachos Grande w/ Meat Cheese, Lettuce, Sour Cream Salsa, Refried Beans, Corn Mexican Rice Pineapple OR Pears	Baked Macaroni and Cheese Carrot Coins Green beans Fresh Baked Breadstick Orange Wedges OR Peaches	NO SCHOOL YOM KIPPUR OBSERVED

This Institution is an equal opportunity provider and employer.

***Menu subject to change without notice**