

HIGH SCHOOL		October 2017		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Patty on a WG Roll Lettuce and Tomato Oven Baked Fries Baked beans Variety of Fruit	3 Fresh Pizza w/ Assorted Toppings Green Beans Variety of Fruit	4 Philly Cheese Steak w/ Peppers and Onions Curly Fries Golden Corn Variety of Fruit	5 Turkey Club w/ Lettuce. Tomato and Onion Pasta Salad Fresh Vegetable Cup w/ Dip NYS Apple	6 STAFF DEVELOPPMENT DAY NO SCHOOL
9 COLUMBUS DAY NO SCHOOL	10 Pizza w/ Assorted Toppings Garden Romaine Salad Peas Variety of Fruit	11 Cherry Blossom Chicken Fluffy Rice Broccoli and Carrots Pineapple Fortune Cookie	12 "Deli Day" Lettuce, Tomato, Onion Macaroni Salad Fresh Vegetable Cup w/ Dip Variety of Fruit	13 BBQ Pulled Pork Red mashed Potatoes Mixed Vegetables Variety of Fruit
16 Cheeseburger OR Fish on a WG Bun Lettuce, Tomato, Onion OR Tarter Sauce Waffle Fries / Peas Strawberry Cup	17 Fresh Pizza w/ Assorted Toppings Caesar Salad w/ Dressing Baby Carrots w/ Dip Variety of Fruit	18 "Brunch for Lunch" French Toast OR Pancakes w/ Syrup Sausage Hash Browns	19 Popcorn Chicken w/ Mashed Potatoes, Gravy Corn WW Dinner Roll Variety of Fruit	20 Hot Dog on a Bun Oven Baked Fries BBQ Baked Beans Variety of Fruit
23 Meatball Sub Potato Puffs Green Beans Variety of Fruit	24 Fresh Pizza Assorted Toppings Spinach Salad Cucumbers and Dip Variety of Fruit	25 Bosco Sticks w/ Marinara Sauce Pasta w/ Sauce Garden Salad Variety of Fruit	26 Mild OR Wild Chicken Nuggets Sweet Potato Fries Celery & Carrot Cup w/ Dip WW Dinner Roll Variety of Fruit	27 French Toast w/ Syrup OR Omelet Sausage / Hash Brown Juice OR Fruit
30 Cheese OR Chicken Quesadilla Assorted Toppings Baked Beans, Corn Salad Variety of Fruit	31 Creamy Intestine (Mac N Cheese) Troll Greens (Green Beans) Goblin Finger (Garlic Breastick) Zombie Cake	Available Daily Assorted Wraps, Sandwiches and Salads	MAKE ONLINE PAYMENTS AND VIEW MENUS AT: WWW.SOUTHCOLONIESCHOOLS.ORG	Full Breakfast \$1.75 Full Lunch \$2.90 1% white, FF Chocolate, FF Strawberry, Skim

This Institution is an equal opportunity provider and employer.

*Menu subject to change without notice