

<b>Middle School Menu</b>		<b>October 2017</b>		
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
2 Chicken Patty on a Bun w/ Lettuce and Tomato Sweet Potato Tots BBQ Baked Beans Strawberry Cups OR Apple	3 Fresh Pizza Cheese OR Buffalo Chicken Spinach Salad Steamed Broccoli Applesauce OR Fruit Cocktail	4 "Brunch for Lunch" Pancakes w/ Syrup Turkey Sausage Patty Potato Puffs Pears or Sliced Oranges	5 Tomato Soup Grilled Cheese Sandwich Baby Carrots w/ Dip Choice of Fruit	6 STAFF DEVELOPMENT DAY NO SCHOOL
9 <b>COLUMBUS DAY</b> <b>NO SCHOOL</b>	10 Fresh Pizza Cheese OR Sausage Broccoli Strawberry Cup OR Mandarin Oranges	11 Soft Tacos w/ Meat, Cheese, Salsa, Sour Cream Fluffy Rice Corn Apple or Pineapple	12 Mozzarella Sticks w/ Marinara Sauce Green Beans Garlic Pasta Applesauce or Pears	13 Quesadilla Pizza Golden Corn Niblets Choice of Fruit
16 Popcorn Chicken Mashed Potatoes w/ Gravy Golden Corn Niblets WW Dinner Roll Applesauce OR Peaches	17 Fresh Pizza Cheese or Pepperoni Garden Salad Apple OR Mandarin Oranges	18 Cheeseburger Tater Tots Lettuce and Tomato BBQ Baked Beans Fruit Cocktail OR Pears	19 Baked Macaroni and Cheese Glazed Carrots WW Dinner Roll Pineapple OR Applesauce or Pears	20 Fish Filet on a Bun Tarter Sauce Oven Baked Fries Choice of Fruit
23 Chicken Nuggets Oven Baked Fries Green Beans Applesauce OR Pears	24 Cheese OR Pepperoni Spinach Salad Steamed Broccoli Banana OR Pears	25 Ham and Cheese Bagel Mashed Potato Smiles Carrot Coins Apple OR Mixed Fruit	26 Chicken & Cheese Fajita w/ Grilled Peppers & Onions Black Bean Rice Sweet Peas Orange Wedge OR Peaches	27 Spaghetti and Meatballs Green Beans Breadstick Choice of Fruit
30 Chicken Patty on a Bun Oven Baked Fries Sliced Carrots Pears OR Applesauce	31 Frankenfurters (Hot Dog on a Bun) Goblin Goo (Baked Beans) Creamed Intestines (Mac n Cheese) Lizard Eyeballs (Grapes) I Scream (Ice Cream)	Full Breakfast \$1.75 Full Lunch \$2.90 1% White, FF Chocolate FF Strawberry Milk	MAKE ONLINE PAYMENTS AND VIEW MENUS AT <a href="http://WWW.SOUTHCOLONIESCHOOLS.ORG">WWW.SOUTHCOLONIESCHOOLS.ORG</a>	

This Institution is an equal opportunity provider and employer.

\*Menu subject to change without notice